ESSKIA NATIONAL SCHOOLS' DRY SLOPE CHAMPIONSHIPS 2025 WEEKEND SCHEDULE

Norfolk Snowsports Club, Whitlingham Lane, Trowse, Norwich, Norfolk, NR14 8TW

Thank you very much for organising your teams and bringing them to these races, the 47th annual ESSKIA Championships. The Board hope that you and your racers have a very enjoyable weekend.

Reminder to all skiers & managers: ski poles must be fitted with bungs. Racers MUST wear long trousers, long sleeves, ski helmets without camera mountings, and gloves at all times on the slope. Please ensure that, if you use any lubrication on your skis in the start area, it should be of the clear variety. Bibs should always be worn with the number clearly visible when on the slope. Failure to do either of the above could result in disqualification. It is the racer's own responsibility to be at the start in good time.

Reminder to all team managers: Substitutions (because of illness etc.) must be notified to the Race Secretary at the latest during the Managers' Meeting. Names and dates of birth must be entered on the relevant sheet available in the Race Office upstairs. Changes in running order from the nominated teams are not permitted. Each TEAM must provide a Race Official. Should a team's Official not report for the designated duty the team will not be allowed to start. In very exceptional circumstances the Race Jury may provide a substitute.

Protocol will take place at the end of Run 2 in each race.

Racers are expected to be familiar with the regulations as set out in the ESSKIA guide to races which is on the website under Race Information – Downloads and as published in Bulletins.

AS A TEAM EVENT, THE NO-STOP/HIKING RULE IS DISAPPLIED. Racers will be permitted to start again if they knock the wand with their pole while getting ready or they prerelease from bindings.

Code of Conduct for everyone: We wish to remind all racers, coaches, parents, and spectators that appropriate personal conduct is expected at all ESSKIA events. Whilst a competitive atmosphere is to be encouraged, inappropriate or unsportsmanlike behaviour will not be tolerated and can ultimately lead to sanctions, including disqualification and suspension from all ESSKIA events. Examples of such behaviour include equipment abuse, swearing, aggressive behaviour, discrimination of any form, heated arguments, disrespect shown to any official or volunteer. All ESSKIA events are "family friendly" environments with appropriate behaviour to be demonstrated at all times.

PROTESTS will be accepted from Team Managers ONLY. Apply to Race Secretary before the end of Protocol.

COACHES will be permitted to accompany athletes during course inspection. Please note that space at the top of the hill is extremely limited. Coaches will be permitted only at the discretion of the Start Referee whose instructions must be followed at all times. Coaches must not enter the start area and if accompanying their athletes to the top of the hill must vacate as soon as possible, and in any event if requested to do so by the Start Referee or a Marshall acting at their direction.

FRIDAY 10th OCTOBER

Practice available in 45-minute slots from 3 pm – 7.45 pm. Maximum 30 skiers per session.
Cost: £16 per head, to be booked at the ski centre and paid for in advance. Please book via the slope: 01603 662781.
These training sessions are provided by Norfolk Snowsports Club and are not provided by ESSKIA. Course set by Norwich personnel. Food available from 5-9pm in the bar.

SATURDAY 11th OCTOBER AGE GROUP FINALS

MORNING GIRLS', BOYS' AND MIXED TEAMS – TEAM Cat 1 and TEAM Cat 2 **Provisional**

07:30	Access for officials **ONLY**
08:00	Gates open, Bib Issue from race office upstairs, Kit collection inside downstairs
08.15 – 08.45	Girls' practice - bibs must be worn with the number visible.
08:30	Team Managers & Officials Meeting, race office upstairs
08.45 – 09.15	Boys' practice - bibs must be worn with the number visible.
09.15	Course Setting
09.30 – 09.50	Category 2 Girls and Boys: Inspection full gates. Athletes must NOT ski the course.
09.50 – 10.10	Category 1 Girls and Boys: Inspection stubby gates. Athletes must NOT ski the course.
10.10	Start of Race. Forerunners, Run 1 followed by Forerunners, Run 2

At the end of Run 2 (11:45 approximately) protocol will be issued, followed by Prizegiving.

AFTERNOON GIRLS' AND BOYS' TEAMS – TEAM Cat 3, TEAM Cat 4 and TEAM Cat 5 **Provisional**

12.30	Bib Issue from race office upstairs, Kit collection inside downstairs
12.45 – 13.15	Girls' practice - bibs must be worn with the number visible
13.00	Team Managers & Officials Meeting, race office upstairs
13.15 – 13.45	Boys' practice – bibs must be worn with the number visible
13.45	Course Setting
14.00 – 14.20	Girls' course inspection. Athletes must NOT ski the course
14.20 – 14.40	Boys' course inspection. Athletes must NOT ski the course
14.40	Start of Race. Forerunners, Run 1 followed by Forerunners, Run 2

At the end of Run 2 (16.30 approximately) protocol will be issued, followed by Prizegiving

SUNDAY 12th OCTOBER - THE OPEN CHAMPIONSHIPS

Provisional

07:30	Access for officials **ONLY**
08:00	Gates open, Bib Issue from race office upstairs, Kit collection inside downstairs
08.15 – 08.45	Girls' practice. Bibs must be worn with the number visible.
08.30	Team Managers' Meeting, race office upstairs followed immediately by the AGM, followed immediately by the Officials Meeting.
08.45 – 09.15	Boys' practice. Bibs must be worn with the number visible.
09.15	Course Setting
09.30 – 09.50	Girls' course inspection. Athletes must NOT ski the course
09.50 – 10.10	Boys' course inspection. Athletes must NOT ski the course
10.10 am	Start of Race. Forerunners, Run 1 followed by Forerunners, Run 2

At the end of Run 2 protocol will be issued, followed by Prizegiving.

This race is also the Qualifier for the British Schools' Dry Slope Championships.

David Burns ESSKIA Race Secretary esskiaracesecretary@esskia.org

Equity the school travel people